

3 WEEKS OF HEALING

WEEK 3: Jesus Is Alive and Heals Your Illnesses

DISCUSSION QUESTIONS

1. If you have ever received healing at a retreat, a prayer session, or a healing Mass, can you share your story?
2. Why do we sometimes believe that God causes our illness or the suffering that we and our families go through? Why is it hard for us to realize how infinite his mercy is, and that he is not a Father who punishes, but who wants us to approach him to be healed?
3. Do I truly have faith and trust in the power of Jesus Christ to heal me completely in soul, mind, spirit and body, or do I still doubt him?
4. Do I care for the sick and the elderly, praying for them, visiting them, and helping my own sick and elderly relatives, or do I forget all about them?
5. Have I ever seen the full power of the sacrament of the Anointing of the Sick?
6. Do I truly trust in the powerful motherly intercession of Mary? Is there a testimony of healing through her intercession that I can share?
7. What is God asking you to do right now to make a change in your life for continual healing? What is God asking you to do to continue healing in your life? Write it down and how you will accomplish it.

SUGGESTIONS FOR COMMITMENTS TO MAKE:

1. If you have someone sick in your family, call your parish office so that a priest can go administer the sacrament of the Anointing of the Sick for them.
2. Pray sincerely to remove any obstacle to physical healing that is in your heart - hatred, anger, resentment, envy and jealousy - through a sincere repentance, since a healed heart is often a condition for physical healing from God.
3. Mothers and fathers who have sick children can pray over them every night by laying hands on them and praying that Jesus heal them.